

# Adjunction of the Lipase Inhibitor Orlistat Improves Grape Seed Extract Neuroprotection against Brain Ischemia/Reperfusion Injury in Rats

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## ABSTRACT

**Aim:** Stroke is a public health concern for which there is currently no prophylaxis. In this study, we assessed the protective effect of Grape Seed Extract (GSE) and Orlistat (ORL) against brain ischemia/reperfusion (I/R) injury. **Methods:** Adult male Wistar rats were treated either with GSE (2.5 g/kg), ORL (4 mg/kg) or both drugs for one week and ischemia performed during 30 min by a bilateral common carotid artery occlusion (BCCAO), followed by 60 min reperfusion. Rats were then sacrificed, their whole brain used for infarct size determination using TTC staining or dissected into cortex, hippocampus and cerebellum for biochemical analysis of I/R-induced oxidative stress and energy failure. **Results:** In the three brain regions of interest, I/R disturbed protein carbonylation, xanthine oxidase (XO), catalase (CAT), glutathione peroxidase (GPx) and superoxide dismutase (SOD) activities, as well as intracellular mediators as hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), calcium and iron. Furthermore I/R altered energy fueling through the decrease of  $\alpha$ -ketoglutarate dehydrogenase ( $\alpha$ -KGDH) and fumarate (FH) together with mitochondrial complexes I and II along with glutamatergic excitotoxicity through glutamate dehydrogenase (GDH) and glutamine synthetase (GS) activities into cortex and hippocampal areas but not into cerebellum. In addition I/R affected mitochondrial viability as assessed by MTT staining and the moonlighting apoptosis inducer glyceraldehyde-3-phosphate dehydrogenase (GAPDH). **Conclusion:** Interestingly, GSE prevented efficiently the deleterious effects of I/R and the best protection was obtained when combining the two drugs, especially within cortex and hippocampus compartments. Thus, adjunction of ORL to GSE treatment is a promising strategy to improve neuroprotection from stroke.

**Key words:** Brain I/R, GSE, Orlistat, Neuroprotection, Energy failure.

## INTRODUCTION

Stroke is one of the leading causes of mortality and disability worldwide.<sup>1,2</sup> In most cases, it consists in an occlusion of a cerebral artery caused by thrombosis or embolism.<sup>3</sup> Ischemic stroke induces a pathophysiological cascade characterized by energy failure, intracellular acidosis, disruption of Na<sup>+</sup>/K<sup>+</sup>ATPases, excitotoxicity, intracellular calcium overload and oxidative/nitrosative stress. These latter events cause deleterious brain damages as neurodegeneration, inflammation, endothelial dysfunction and

loss of blood-brain barrier (BBB) integrity.<sup>4</sup> At present reperfusion by thrombolysis or thrombectomy is the most straightforward way to protect the brain from infarction. However, restoration of cerebral blood flow may exacerbate ischemic damage and by this way worsening cerebral infarct size.<sup>5</sup> As the brain is highly vulnerable to reperfusion because of its high rate of oxidative metabolism, relative low antioxidant capacity and high content of polyunsaturated fatty acids,<sup>6</sup> neuro-

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prevention appears a promising approach to preserve the brain from I/R injury.

Grape seed extract (GSE) is a nutritional supplement that has been attributed the Generally Recognized As Safe (GRAS) certification from US Food and Drug Administration (FDA).<sup>7</sup> GSE is a complex mixture of bioactive compounds including polyphenols such as flavonoids and proanthocyanidins.<sup>8</sup> This potential health food ingredient is recognized as a mainstay in the prevention of metabolic syndrome pathologies as arterial hypertension, hyperlipidemia or hyperglycemia.<sup>9</sup> It is also well documented that GSE exhibits a potent protective effect on various organs such as liver, kidney, heart and brain, partly by its anti-oxidative and anti-inflammatory properties.<sup>10-12</sup> In particular our Lab recently showed that GSE exhibited potent neuroprotection against I/R insult in a rat model of stroke partly by its antioxidative role but also by its ability to modulate key proteins involved in energy fueling and signal transduction.<sup>13,14</sup>

Orlistat (ORL) is an anti-obesity drug recently approved by US FDA as an over the counter medicine, which acts by decreasing fat absorption through inhibiting gastrointestinal lipases.<sup>15</sup> ORL has also been shown to exert beneficial effects on carbohydrate and lipid metabolism<sup>16</sup> improving cognitive capacity in a mice model of Alzheimer disease.<sup>17,18</sup> We recently showed the efficiency of ORL when combined to GSE in protecting the brain from high fat diet-induced lipotoxicity in rats.<sup>19</sup> In this work, we investigated the putative protection afforded by combining GSE and ORL on brain I/R injury with an emphasis on oxidative stress, energy failure and excitotoxicity into three main compartments i.e. cortex, hippocampus and cerebellum.

## MATERIALS AND METHODS

### Drugs and reagents

GSE was processed from a grape cultivar of *Vitis vinifera cv. Carignan* (2015) from Neferis winery Grombalia, Tunisia. Seeds were manually separated from skins, air-dried and grounded until a fine powder was obtained. This latter was dissolved in 10% ethanol (250 mg/mL), vigorously vortexed for 10 min and centrifuged at 10,000 g for 15 min at 4°C to recover a supernatant containing soluble polyphenols. ORL (Xenical<sup>®</sup>, (S)-2-formylamino-4-methyl-pentanoic acid (S)-1-[[[(2S, 3S)-3-hexyl-4-oxo-2-oxetanyl]methyl]-dodecyl ester) was obtained from Pharmalpa (France) and dissolved in 10% ethanol (1.5 mg/mL). Adenosine 5'-diphosphate sodium salt (ADP), bovine catalase, bovine serum albumin (BSA), 2,4-dinitrophenylhydrazine (DNPH), epinephrine,

ethylenediaminetetraacetic acid (EDTA), L-glutamate (Glu), L-glutamine (Gln), L-glutathione reduced (GSH), glyceraldehyde 3-phosphate (GA3P), hydrochloric acid (HCl), iron (III) chloride hexahydrate (FeCl<sub>3</sub>),  $\alpha$ -ketoglutarate ( $\alpha$ -kG), L-malate,  $\beta$ -nicotinamide adenine dinucleotide (NAD<sup>+</sup>), sodium arsenite (NaAsO<sub>2</sub>), sodium azide (NaN<sub>3</sub>), succinic acid, sucrose, trichloroacetic acid (TCA), 2,3,5-triphenyl tetrazolium chloride (TTC), Tris base, urethane and xanthine were purchased from Sigma-Aldrich (Germany). 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), dithio-5,5'-bis(2-nitro-benzoic acid) (DTNB),  $\beta$ -nicotinamide adenine dinucleotide reduced (NADH) and potassium ferricyanide (K<sub>3</sub>[Fe(CN)<sub>6</sub>]) were obtained from Bio Basic (Canada). Guanidine hydrochloride (GuHCl) and mannitol were purchased from Pan Reac Applichem (Germany). Potassium cyanide (KCN), manganese (II) chloride tetrahydrate (MnCl<sub>2</sub>), imidazole, hydroxylamine hydrochloride (NH<sub>2</sub>OH) were obtained from Prolabo (France), Merck (Germany), Affymetrix USB (USA) and Acros Organics (France), respectively. All other reagents were of analytical grade.

### Animals and experimental design

One hundred twenty-eight male *Wistar* rats (213.5  $\pm$  41.2 g, 26.2  $\pm$  8.7 week-old) from Pasteur Institute of Tunis were used in agreement with the National Ethic Committee of Tunis University for use and care of animals and with the National Institutes of Health guidelines (NIH Publications No. 80-23, revised in 1996). They were provided with food and water *ad libitum* and maintained in animal facility at a fixed temperature of 22  $\pm$  2°C with a 12 hr light/dark cycle.

Rats were randomly divided into eight groups ( $n=16$  per group) and daily treated during one week by intraperitoneal way (*ip*) as follows: (i) control group (C): receiving 10 % ethanol, (ii) IR group: receiving 10 % ethanol prior to IR, (iii) G group: receiving GSE (2.5 g/kg), (iv) GIR group: receiving GSE (2.5 g/kg) prior to IR, (v) O group: receiving ORL (4 mg/kg), (vi) OIR group: receiving ORL (4 mg/kg) prior to IR, (vii) GO group: receiving GSE (2.5 g/kg) and ORL (4 mg/kg) and (viii) GOIR group: receiving GSE (2.5 g/kg) and ORL (4 mg/kg) prior to I/R.

### Induction of brain I/R injury

Brain I/R injury was induced using the transient global ischemia model described by Smith *et al.* (1984)<sup>20</sup> with slight modification. Briefly, twenty-four hours after the last treatment, rats were anesthetized with urethane (1.2 g/kg). A midline ventral incision was realized in the neck and both common carotid arteries exposed with

special attention paid to separating the vagus nerve. Ischemia was performed through a bilateral common carotid artery occlusion (BCCAO) with vascular clamps for 30 min followed by 60 min reperfusion. Arteries were visually inspected to confirm cessation and restoration of blood flow following ischemia and reperfusion, respectively. At the end of reperfusion, rats were sacrificed by decapitation and their whole brains were taken out for infarct size measurement ( $n=4$ ) or dissected into cortex, hippocampus and cerebellum for biochemical determination of oxidative stress and energy fueling disturbances ( $n=12$ ).

### Preparation of tissue homogenates

The three brain regions of interest i.e. cortex, hippocampus and cerebellum ( $n=6$ ) were grounded in liquid nitrogen and homogenized in phosphate-buffered saline pH 7.4. After centrifugation (10,000 g, 10 min, 4°C), supernatants were collected and proteins quantified using a commercially available kit from Biomaghreb according to the Biuret method.<sup>21</sup>

### Preparation of cytosolic and mitochondrial fractions

Cytosolic and mitochondrial fractions were prepared as previously described by Liang and Patel (2004).<sup>22</sup> The three brain regions of interest ( $n=6$ ) were ground in liquid nitrogen and homogenized using an extraction solution containing 70 mM sucrose, 210 mM mannitol, 5 mM Tris base, 1 mM EDTA, pH 7.4. A centrifugation (800 g, 10 min, 4°C) was carried out to collect a supernatant which was subjected to a second centrifugation (13,000 g, 10 min, 4°C). The supernatant corresponding to cytosolic fraction was recovered and the pellet representing the mitochondrial fraction was washed and dissolved using the extraction solution. Proteins were determined according to Bradford (1976).<sup>23</sup>

### Biochemical determination of oxidative stress

Protein carbonylation was assayed according to Wehr and Levine (2013),<sup>24</sup> based on the interaction of DNPH with the carbonyl groups of oxidized proteins, giving rise to an hydrazone that absorbs at 366 nm. Briefly, tissue homogenate was mixed with TCA (20 %) for protein precipitation and centrifuged (5,000 g, 3 min, 4°C). Pellet was dissolved into 2 M HCl containing DNPH (10 mM) and incubated at dark for 10 min at room temperature. After protein precipitation and three washings with ethanol/ethyl acetate (v/v), pellet was dissolved into potassium phosphate buffer (20 mM; pH 2.3) containing 6 M HCl, incubated for 15 min at 37°C and absorbance lectured against a blank. Results

were calculated using the molar extinction coefficient of hydrazone ( $\epsilon = 22,000 \text{ M}^{-1}\text{cm}^{-1}$ ) and expressed as nmol carbonyl protein/mg protein.

Xanthine Oxidase activity (XO, EC.1.17.3.2.) was measured according to Prajda and Weber (1975).<sup>25</sup> The principle of this method is as follows: in the presence of xanthine, XO produces uric acid that absorbs at 293 nm. The assay mixture consisted of tissue homogenate, potassium phosphate buffer (100 mM; pH 7.4) and xanthine (1 mM). After incubation for 90 min at 37°C, the reaction was stopped by addition of 10% TCA, the mixture centrifuged (10,000 g, 10 min, 4°C) and absorbance of the clear supernatant measured against a blank. Results were calculated using the molar extinction coefficient of uric acid ( $\epsilon = 12.65 \text{ mM}^{-1}\text{cm}^{-1}$ ) and expressed as pmol uric acid/min/mg protein.

Catalase activity (CAT, EC.1.11.1.6.) was evaluated by its ability to decompose  $\text{H}_2\text{O}_2$  as described by Aebi (1984).<sup>26</sup> Briefly, the assay mixture contained tissue homogenate into potassium phosphate buffer 50 mM pH 7 containing  $\text{H}_2\text{O}_2$  (30 mM) where  $\text{H}_2\text{O}_2$  disappearance was followed at 240 nm during 3 min. Results were calculated using the molar extinction coefficient for  $\text{H}_2\text{O}_2$  ( $\epsilon = 39.4 \text{ M}^{-1}\text{cm}^{-1}$ ) and expressed as  $\mu\text{mol H}_2\text{O}_2$  decomposed/min/mg protein.

Glutathione peroxidase activity (GPx, EC.1.11.1.9.) was monitored as previously described by Flohé and Günzler (1984).<sup>27</sup> Activation of GPx inhibits the conversion of DTNB into TNB detectable at 412 nm. Briefly, tissue homogenate was mixed with potassium phosphate buffer (100 mM; pH 7), EDTA (1 mM),  $\text{NaN}_3$  (10 mM), GSH (4 mM) and  $\text{H}_2\text{O}_2$  (5 mM). After incubation for 10 min at 37°C, the reaction was stopped by addition of 5% TCA followed by centrifugation at 5,000 g, 5 min, 4°C). To supernatant, potassium phosphate buffer (100 mM; pH 7) and DNTB (10 mM) were added and the optical density was read. Results were calculated using the molar extinction coefficient of TNB ( $\epsilon = 14,150 \text{ M}^{-1}\text{cm}^{-1}$ ) and expressed as nmol GSH consumed/min/mg protein.

Superoxide dismutase activity (SOD, EC.1.15.1.1.) was determined by a modified method of Misra and Fridovich (1972).<sup>28</sup> By trapping superoxide anion ( $\text{O}_2^{\cdot-}$ ) at alkaline pH, SOD inhibits the autoxidation of epinephrine to adrenochrome, which is detectable at 480 nm. One unit of SOD is defined as the amount of enzyme that inhibits adrenochrome formation by 50%. The reaction mixture contained tissue homogenate, carbonate buffer (50 mM; pH 10.2), bovine catalase (5 U/ $\mu\text{L}$ ) and epinephrine (5 mg/mL), change in absorbance was recorded during 3 min and results expressed as U/mg protein. Characterization of SOD

isoforms was performed using 3 mM KCN, which inhibits Cu/Zn-SOD and did not affect Mn-SOD.

### Determination of energy fueling disturbances

$\alpha$ -ketoglutarate dehydrogenase activity ( $\alpha$ -KGDH, EC.1.2.4.2.) was determined according to Massey (1960).<sup>29</sup> The assay mixture contained potassium phosphate buffer (200 mM pH 7.4),  $\alpha$ KG (600 mM), BSA (1 %) and  $K_3[Fe(CN)_6]$  (30 mM). The reaction was initiated by addition of mitochondrial fraction and reduction of the artificial electron acceptor ferricyanide ( $[Fe(CN)_6]^{3-}$ ) was followed against a blank at 420 nm for 3 min. Results were expressed as  $\mu$ mol succinate formed/min/mg protein using the molar extinction coefficient of  $[Fe(CN)_6]^{3-}$  ( $\epsilon = 1040 M^{-1}cm^{-1}$ ).

Fumarase activity (FH, EC.4.2.1.2.) was evaluated according to Racker (1950).<sup>30</sup> Briefly, mitochondrial fraction was added to a mixture containing potassium phosphate buffer (50 mM; pH 7.4) and L-malate (500 mM) and appearance of fumarate monitored at 240 nm during 10 min. Results were expressed as nmol fumarate/min/mg protein using the molar extinction coefficient of fumarate ( $\epsilon = 2440 M^{-1}cm^{-1}$ ).

NADH dehydrogenase activity (Electron Transport Chain ETC complex I, EC.7.1.1.2.) was determined as described by Hatefi (1978).<sup>31</sup> The principle of this method is as follows: the amount of  $NAD^+$  produced by NADH dehydrogenase promotes the reduction of the artificial electron acceptor ( $[Fe(CN)_6]^{3-}$ ) that absorbs at 420 nm. The assay mixture contained potassium phosphate buffer (50 mM pH 7.4), NADH (8.5 mM) and  $K_3[Fe(CN)_6]$  (30 mM). The reaction was initiated by the addition of mitochondrial fraction and optical density recorded against a blank for 3 min. Results were expressed as nmol  $NAD^+$  produced/min/mg protein, using the molar extinction coefficient of  $[Fe(CN)_6]^{3-}$  ( $\epsilon = 1040 M^{-1}cm^{-1}$ ).

Succinate dehydrogenase activity (SDH, ETC complex II, EC.1.3.5.1.) was assayed according to King (1967).<sup>32</sup> The method involves the oxidation of succinic acid by  $[Fe(CN)_6]^{3-}$ . The assay mixture contained sodium phosphate buffer (200 mM; pH 7.8), succinic acid (600 mM), BSA (1 %) and  $K_3[Fe(CN)_6]$  (30 mM). The reaction was initiated by the addition of mitochondrial fraction and absorbance followed against a blank at 420 nm during 3 min. Results were expressed as  $\mu$ mol succinate oxidized/min/mg protein, using the molar extinction coefficient of  $[Fe(CN)_6]^{3-}$  ( $\epsilon = 1040 M^{-1}cm^{-1}$ ). Glutamate dehydrogenase activity (GDH, EC.1.4.1.3.) was measured according to Kim *et al.* (2017) with minor modification.<sup>33</sup> Mitochondrial fraction was added to an assay mixture containing 50 mM sodium phosphate

buffer (pH 7.4), 1 mM ADP and 0.1 mM  $NAD^+$ . The reaction was initiated by adding 10 mM glutamate and the reduction of  $NAD^+$  was followed at 340 nm for 10 min. Results were expressed as nmol NADH produced/min/mg protein, using the molar extinction coefficient of NADH ( $\epsilon = 6.22mM^{-1}cm^{-1}$ ).

Glutamine synthetase activity (GS, EC.6.3.1.2.) was estimated as described by Min *et al.* (1997).<sup>34</sup> This method is based on the ability of GS to replace glutamine's ammonia by hydroxylamine, thus forming  $\gamma$ -glutamylhydroxamate ( $\gamma$ -GH). Briefly, tissue homogenate was blended with an assay mixture containing 50 mM imidazole buffer (pH 6.8), 25 mM  $NaAsO_2$ , 0.16 mM ADP, 50 mM Gln, 2.25 mM  $MnCl_2$  and 25 mM  $NH_2OH$ . After incubation for 30 min at 37°C, the reaction was terminated by adding a stop solution containing 2.42%  $FeCl_3$ , 1.45% TCA and 1.82% HCl. Insoluble material was removed by centrifugation (1,000 g, 3 min, 4°C) and absorbance of the supernatant measured at 540 nm against a blank. Results were expressed as nmol  $\gamma$ -GH formed/min/mg protein, using the molar extinction coefficient of  $\gamma$ -GH  $FeCl_3$  complex ( $\epsilon = 850 M^{-1}cm^{-1}$ ).

Glyceraldehyde-3-phosphate dehydrogenase activity (GAPDH, EC.1.2.1.12.) was measured following a modified method of Krebs (1955).<sup>35</sup> Cytosolic fraction was mixed with sodium phosphate buffer 150 mM pH 8 containing  $NaAsO_2$  (30 mM),  $NAD^+$  (7.5 mM) and GA3P (7.5 mM) and reduction of  $NAD^+$  to NADH was monitored at 340 nm for 5 min. Results were expressed as nmol NADH/min/mg protein, using the molar extinction coefficient of NADH ( $\epsilon = 6.22 mM^{-1}cm^{-1}$ ).

### Mitochondrial survival

Mitochondrial viability was measured according to Liu *et al.* (1997).<sup>36</sup> The assay is based on the reduction of MTT by dehydrogenases of functionally intact mitochondria. Briefly mitochondrial fraction was incubated with 20  $\mu$ l MTT (0.1 mg/mL) for 60 min at 37°C. Then, the obtained blue formazan crystals were solubilized in isopropanol and the optical density followed at 578 nm. Results were expressed as nmol formazan/min/mg protein using the molar extinction coefficient of formazan ( $\epsilon = 16,900 M^{-1}cm^{-1}$ ).

### Measurement of brain infarct size

Infarct size was determined using the TTC staining method of Bederson *et al.* (1986)<sup>37</sup> with slight modifications. Brains were frozen for 30 min at -80°C and sliced into seven coronal sections of 2-mm thick. Each slice was immersed in TTC (1%) for 30 min at 37°C and then fixed overnight in buffered formaldehyde

(10%). The fixed brain sections were photographed using a Canon EOS 450D camera and analyzed using Image J1.52a software. The percentage of infarct size was calculated as the ratio of unstained areas and total red colored area for each section.

### Determination of intracellular mediators

Hydrogen peroxide ( $H_2O_2$ ) was determined using a commercially available kit from Biomaghreb according to Trinder (1969).<sup>38</sup> Briefly, in the presence of peroxidase,  $H_2O_2$  reacts with 4-amino-antipyrine and phenol to give a red colored quinoxaline that absorbs at 505 nm. Results were calculated using a standard curve of  $H_2O_2$  (0–1250 nmol/mL) and expressed as nmol  $H_2O_2$ /mg protein.

Free iron was estimated according to Leardi *et al.* (1998)<sup>39</sup> using a commercially available kit from Biomaghreb (Tunisia). At acidic pH, all ferric iron ( $Fe^{3+}$ ) released from ferritins is reduced by ascorbic acid into ferrous iron ( $Fe^{2+}$ ), which constitutes with ferrozine a purple colorful complex measurable at 560 nm. Results were calculated using a standard curve of iron (0–8.95 nmol/mL) and expressed as nmol free iron/mg protein.

Ionized calcium ( $Ca^{2+}$ ) was measured using a commercially available kit from Biomaghreb according to Stern and Lewis (1957).<sup>40</sup> At basic pH,  $Ca^{2+}$  constitutes with cresolphthalein a purple colorful complex measurable at 570 nm. Results were calculated using a standard curve of calcium (0–312.5 nmol/mL) and expressed as nmol  $Ca^{2+}$ /mg protein.

### Statistical analysis

Statistical analysis was performed using IBM SPSS Statistics v.23.0 software (Armonk, NY, USA). Results were expressed as mean  $\pm$  standard error of the mean (SEM). Statistical difference between group means was assessed by one-way analysis of variance (one-way ANOVA) followed by Student's *t*-test. Probability value *p* less than 0.05 was considered statistically significant.

## RESULTS

### Effect of GSE and ORL on I/R-induced infarct size

We first validated the I/R protocol by quantifying infarct size (Figure 1). In control non I/R animals no obvious damage was detected. Brain sections from rats submitted to I/R revealed an infarct size of  $15.8 \pm 0.7\%$  predominately located in prefrontal cortex and hippocampus. Pretreatment with GSE alone induced a reduction of brain infarction by 56.9% ( $p < 0.001$ ), while the preventive treatment with ORL alone generated a decrease by 30.0% ( $p < 0.05$ ). The best neuroprotection

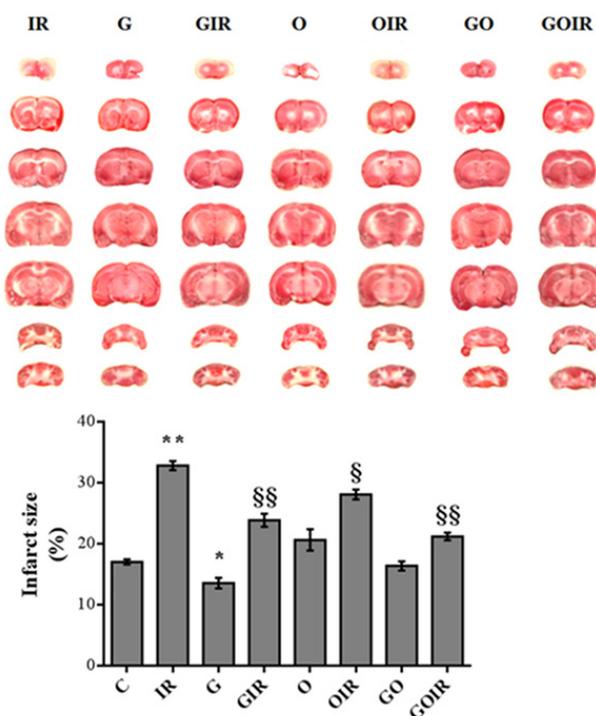
was obtained when associating the two drugs ( $-73.7\%$ ,  $p < 0.001$ ).

### Effect of GSE and ORL on I/R-induced oxidative stress

We determined oxidative damage by quantifying protein carbonylation (Figure 2) which was significantly increased into cortex ( $+22.7\%$ ,  $p < 0.05$ ) and hippocampus ( $+32.1\%$ ,  $p < 0.001$ ) and to a lesser extent within cerebellum ( $+17.6\%$ ). Pretreatment with GSE remarkably alleviated protein carbonylation, which was not further improved upon ORL addition.

Moreover, we looked at the activity of the prooxidant enzyme XO (Figure 3). I/R increased XO activity in cortex ( $+31.5\%$ ,  $p < 0.05$ ), hippocampus ( $+59.1\%$ ,  $p < 0.05$ ) and cerebellum ( $+25.7\%$ ); GSE and ORL per se corrected XO activity to near control level whereas drugs combination did not exert any improvement.

We further sought to evaluate the activity of the antioxidant enzymes CAT (Figure 4), GPx (Figure 5) and SOD (Figure 6). Concerning CAT activity I/R affected significantly CAT activity within hippocampus ( $-26.3\%$ ,  $p < 0.001$ ) and slightly increased it within cortex ( $+14.8\%$ ,  $p < 0.05$ ) and cerebellum ( $+19.0\%$ ,  $p < 0.001$ ). I/R affected GPx activity only within hippocampus ( $-40.5\%$ ,  $p < 0.05$ ) which was corrected upon GSE



**Figure 1: Effect of GSE and ORL on I/R-induced cerebral infarct size. \*  $p < 0.05$  for G versus C, \*\*  $p < 0.001$  for IR versus C, §  $p < 0.05$  for OIR versus IR, §§  $p < 0.001$  for GIR or GOIR versus IR.**

treatment but not with ORL. I/R also affected total SOD activity especially within hippocampus ( $-27.5\%$ ,  $p<0.001$ ), cortex ( $-16.2\%$ ,  $p<0.001$ ) and to a lesser extent within cerebellum ( $-12.8\%$ ,  $p<0.05$ ). The Mn isoform was the main affected within hippocampus, cortex and cerebellum by  $-32.3\%$ ,  $-25.5\%$ ,  $-16.3\%$

( $p<0.05$ ) respectively whereas the Cu/Zn isoform was affected only in hippocampus by ( $-24.3\%$ ,  $p<0.05$ ). GSE mainly improved the Mn isoform in all compartments whereas ORL adjunction rather improved Cu/Zn isoform and the best protection was obtained in the presence of both drugs.

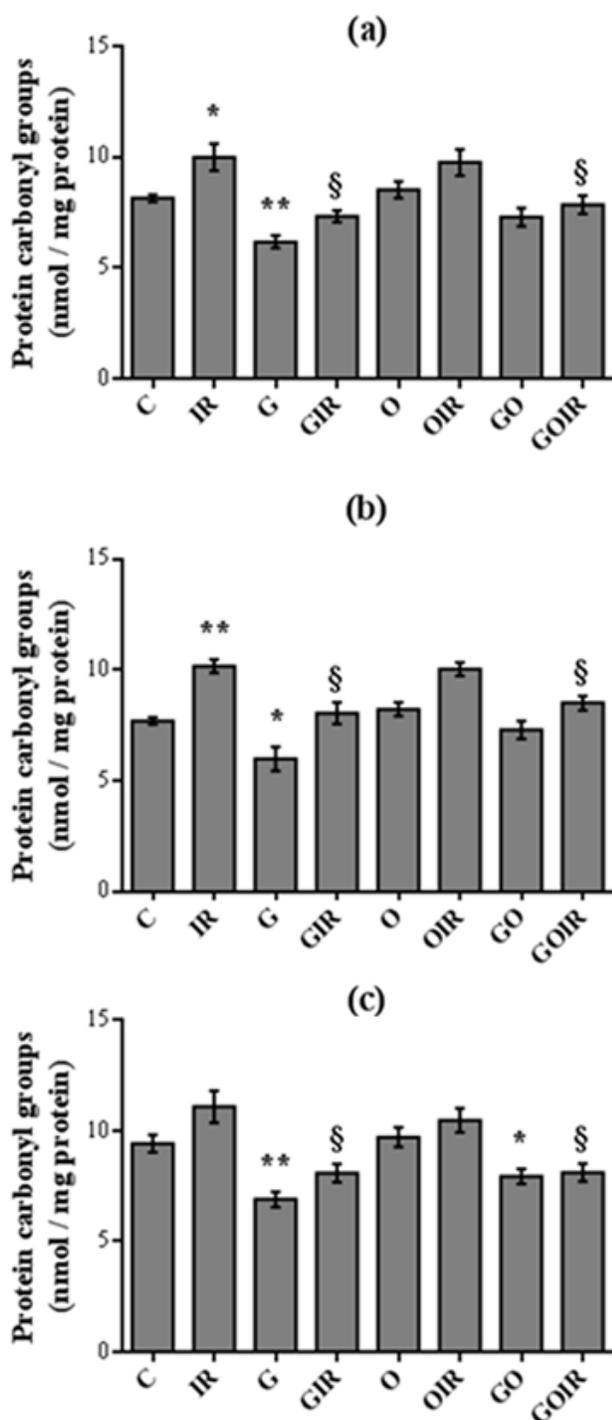


Figure 2: Effect of GSE and ORL on protein carbonylation in (a) cortex, (b) hippocampus and (c) cerebellum. \*  $p<0.05$  for IR, G or GO versus C, \*\*  $p<0.001$  for IR or G versus C, §  $p<0.05$  for GIR or GOIR versus IR.

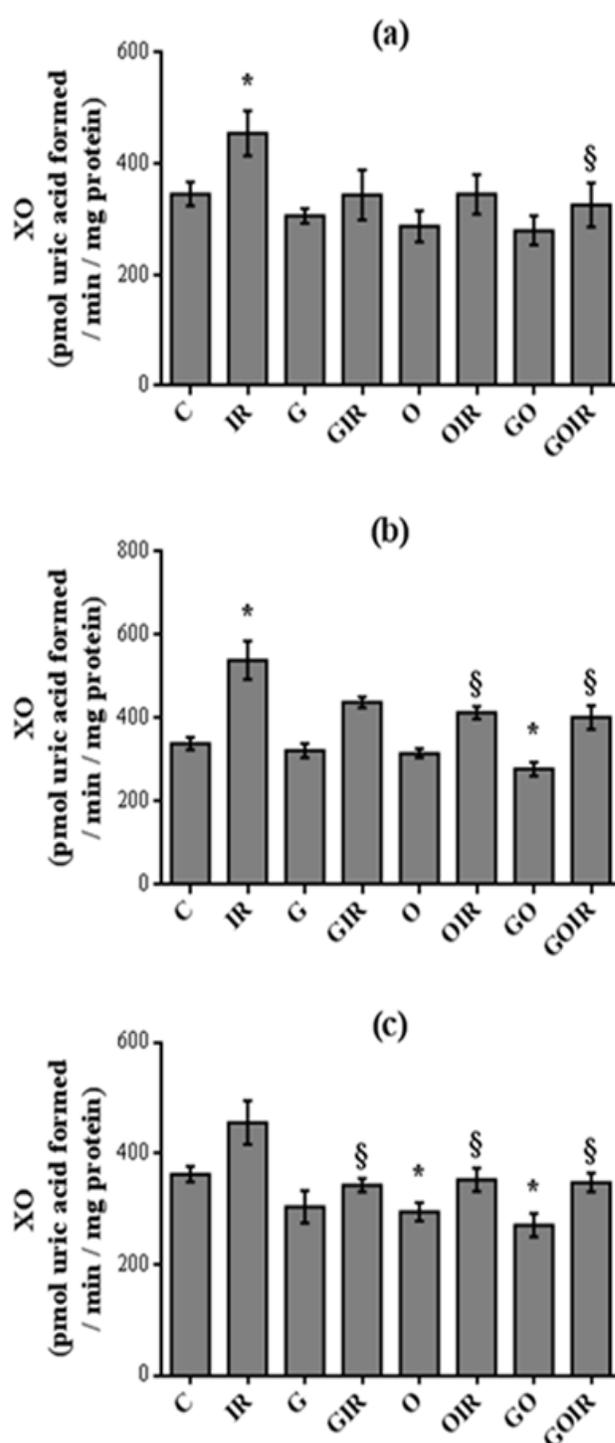


Figure 3: Effect of GSE and ORL on XO activity in (a) cortex, (b) hippocampus and (c) cerebellum. \*  $p<0.05$  for IR, O or GO versus C, §  $p<0.05$  for GIR, OIR or GOIR versus IR.

### Effect of GSE and ORL on I/R-induced brain energy failure

We first asked whether I/R as well as GSE and ORL were able to affect the TCA cycle through modulation of  $\alpha$ -KGDH (Figure 7) and fumarase

activities (Figure 8). I/R reduced drastically  $\alpha$ -KGDH activity within hippocampus ( $-37.4\%$ ,  $p<0.001$ ) and cortex ( $-30.9\%$ ,  $p<0.001$ ) but had no significant effect within cerebellum ( $-9.6\%$ ). I/R also affected fumarase activity mainly within cortex ( $-17.9\%$ ), hippocampus

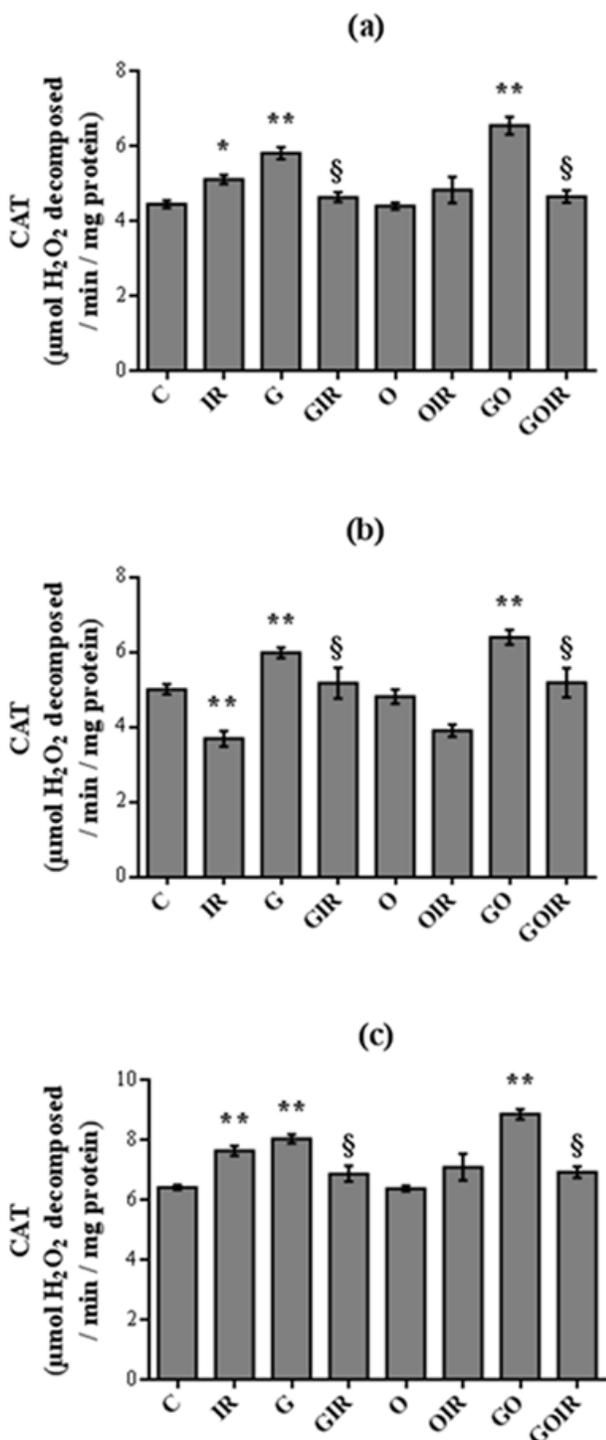


Figure 4: Effect of GSE and ORL on CAT activity in (a) cortex, (b) hippocampus and (c) cerebellum. \*  $p<0.05$  for IR versus C, \*\*  $p<0.001$  for IR, G or GO versus C, §  $p<0.05$  for GIR or GOIR versus IR.

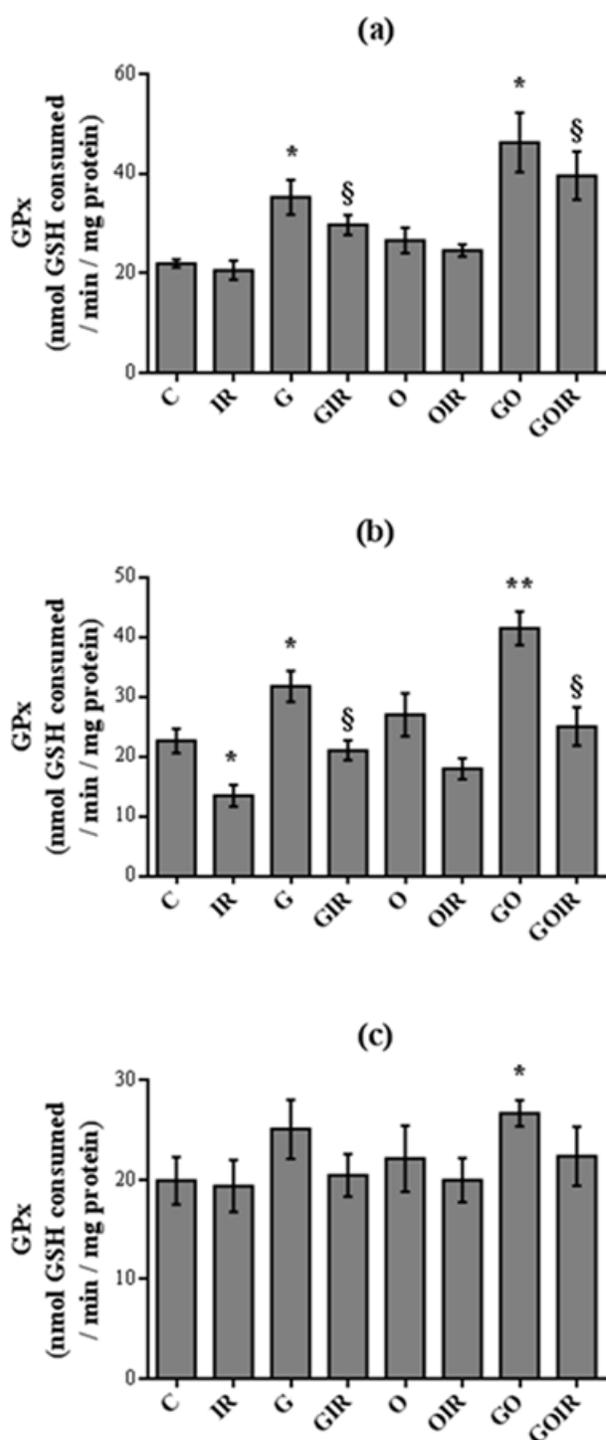


Figure 5: Effect of GSE and ORL on GPx activity in (a) cortex, (b) hippocampus and (c) cerebellum. \*  $p<0.05$  for IR, G or GO versus C, \*\*  $p<0.001$  for GO versus C, §  $p<0.05$  for GIR or GOIR versus IR.

(-18.8%,  $p < 0.05$ ) and to a lesser extent within cerebellum (-9.2%). Pretreatment with ORL corrected both  $\alpha$ -KGDH and fumarase activities more efficiently than GSE alone and the best protection was obtained

in the presence of both drugs. Overallly data showed that I/R mainly affected the cortex and hippocampus compartments and that GSE and ORL, especially when combined afforded the best protection.

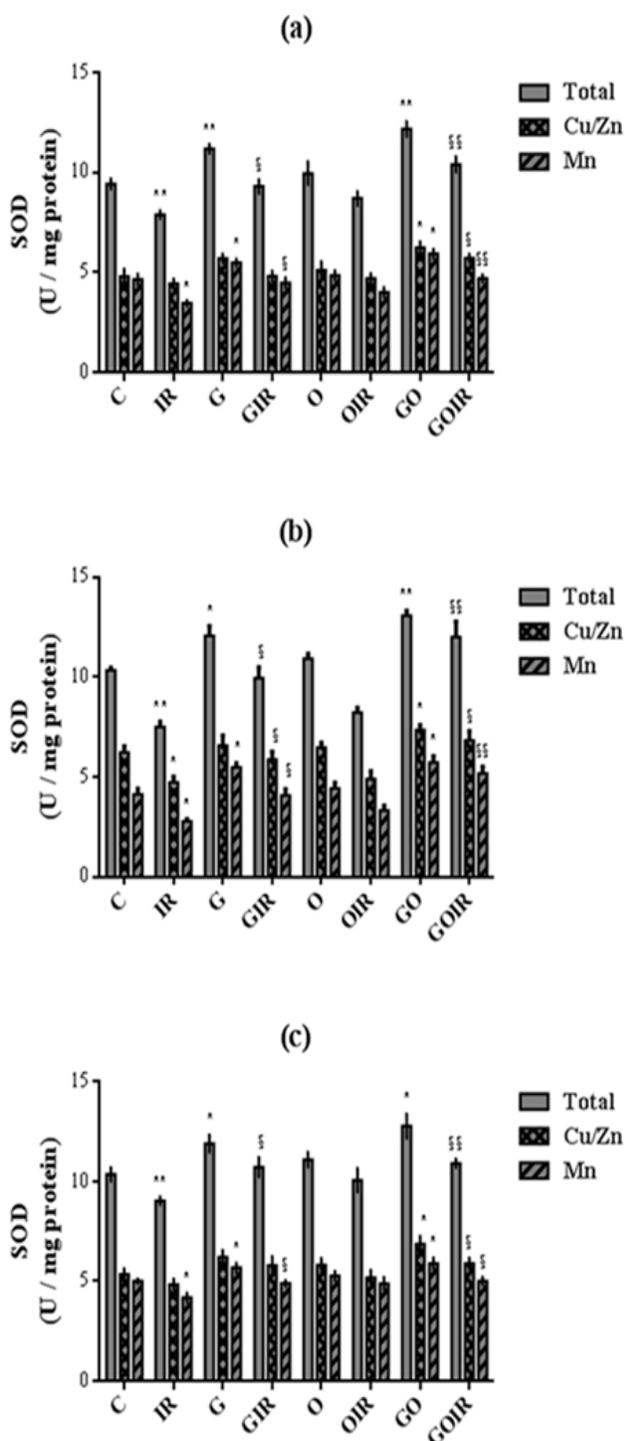


Figure 6: Effect of GSE and ORL on SOD activity in (a) cortex, (b) hippocampus and (c) cerebellum. \*  $p < 0.05$  for IR, G or GO versus C, \*\*  $p < 0.001$  for IR, G or GO versus C, §  $p < 0.05$  for GIR or GOIR versus IR, §§  $p < 0.001$  for GOIR versus IR.

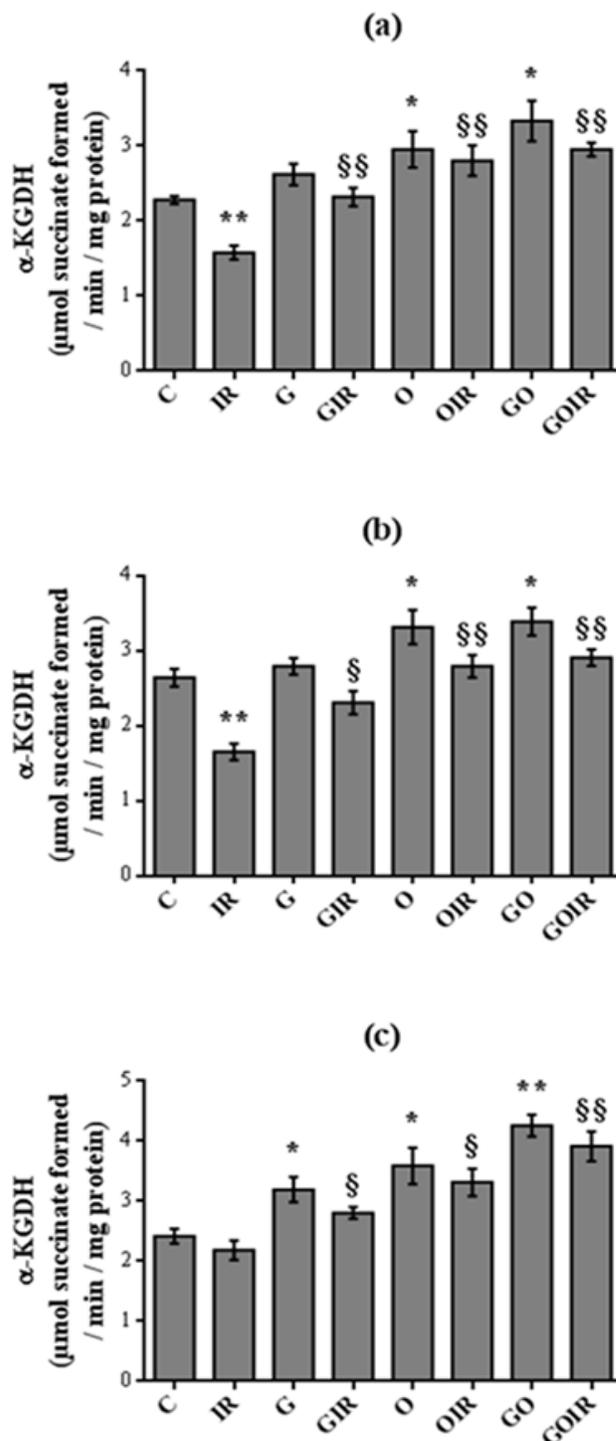


Figure 7: Effect of GSE and ORL on  $\alpha$ -KGDH activity in (a) cortex, (b) hippocampus and (c) cerebellum. \*  $p < 0.05$  for G, O or GO versus C, \*\*  $p < 0.001$  for IR or GO versus C, §  $p < 0.05$  for GIR or OIR versus IR, §§  $p < 0.001$  for GIR, OIR or GOIR versus IR.

We also looked at the effect of I/R on mitochondrial oxidative phosphorylation (Oxphos) complexes *via* evaluating the activity of ETC complex I (Figure 9) and complex II (Figure 10) activities. I/R drastically decreased complex I activity within hippocampus ( $-40.6\%$ ,  $p<0.001$ ) and cortex ( $-18.0\%$ ,  $p<0.001$ )

with no significant effect within cerebellum ( $-4.7\%$ ). Similarly I/R highly decreased complex II activity within hippocampus ( $-49.8\%$ ,  $p<0.001$ ) and cortex ( $-35.6\%$ ,  $p<0.001$ ) but more modestly within cerebellum ( $-15.6\%$ ). Pretreatment with ORL per se corrected the

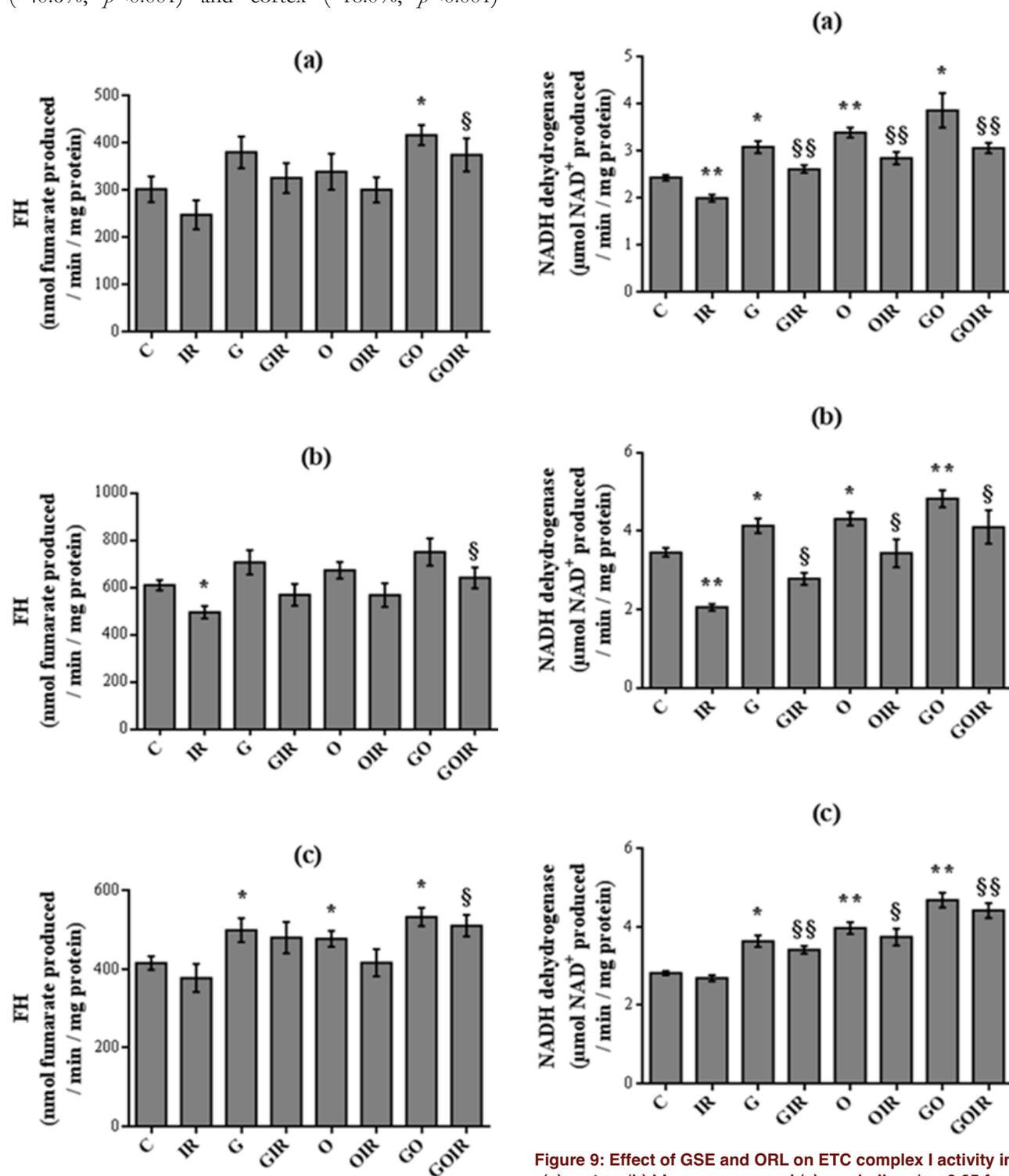


Figure 8: Effect of GSE and ORL on fumarase activity in (a) cortex, (b) hippocampus and (c) cerebellum.\*  $p<0.05$  for IR, G, O or GO versus C, §  $p<0.05$  for GOIR versus IR.

Figure 9: Effect of GSE and ORL on ETC complex I activity in (a) cortex, (b) hippocampus and (c) cerebellum.\*  $p<0.05$  for G, O or GO versus C, \*\*  $p<0.001$  for IR, O or GO versus C, §  $p<0.05$  for GIR, OIR or GOIR versus IR, §§  $p<0.001$  for GIR, OIR or GOIR versus IR.

alteration on both ETC complexes more efficiently than GSE alone and the best protection was obtained when combining the two drugs.

We also analyzed excitotoxicity through evaluating the activity of GDH (Figure 11) and GS (Figure

12) activities which are major players of glutamate metabolism. Data show that I/R dropped drastically GDH activity within hippocampus ( $-45.8\%$ ,  $p<0.001$ ) and cortex ( $-24.2\%$ ,  $p<0.05$ ) and to a lesser extent yet not significant within cerebellum ( $-10.7\%$ ). Surprisingly

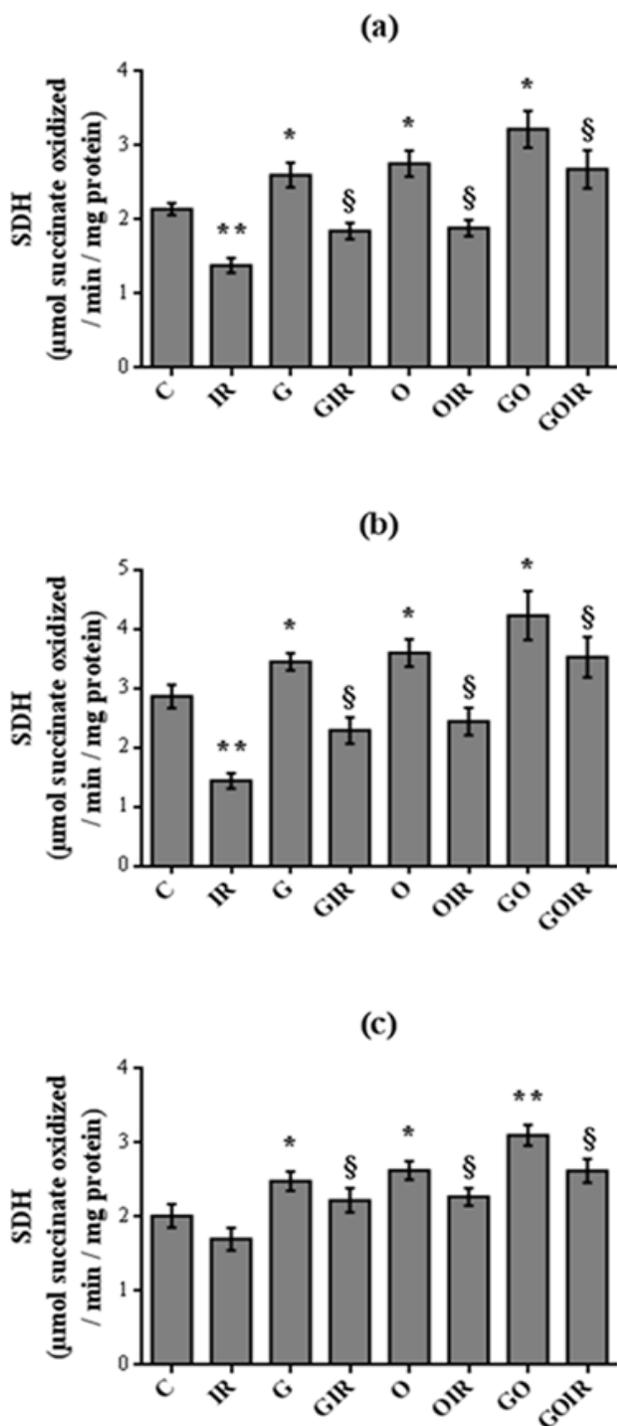


Figure 10: Effect of GSE and ORL on ETC complex II activity in (a) cortex, (b) hippocampus and (c) cerebellum. \*  $p<0.05$  for G, O or GO versus C, \*\*  $p<0.001$  for IR or GO versus C, §  $p<0.05$  for GIR, OIR or GOIR versus IR.

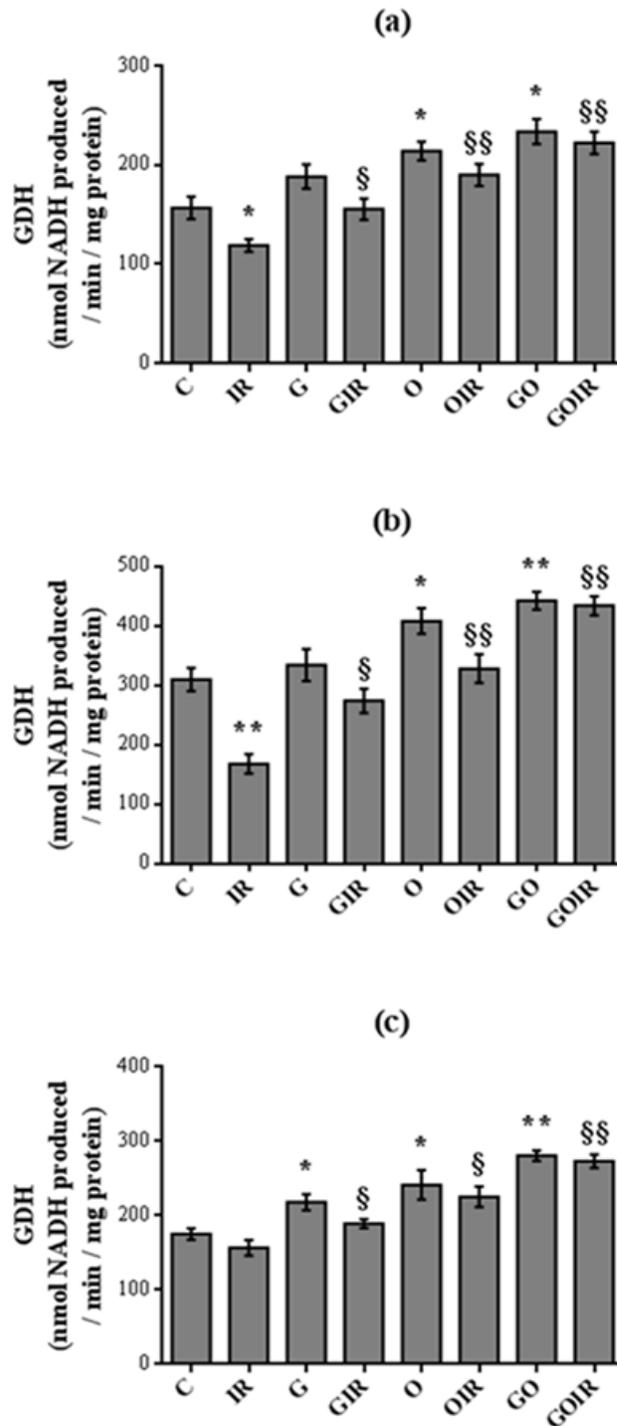
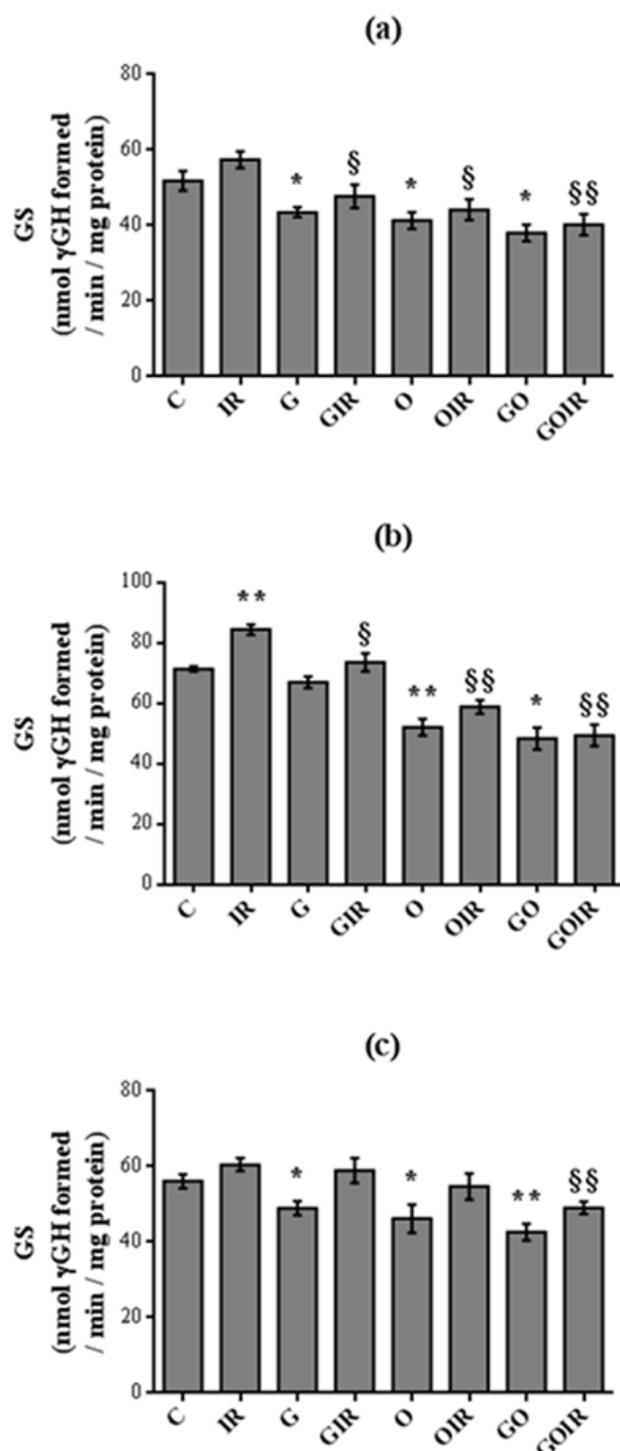


Figure 11: Effect of GSE and ORL on GDH activity in (a) cortex, (b) hippocampus and (c) cerebellum. \*  $p<0.05$  for IR, G, O or GO versus C, \*\*  $p<0.001$  for IR or GO versus C, §  $p<0.05$  for GIR or OIR versus IR, §§  $p<0.001$  for OIR or GOIR versus IR.

I/R slightly but significantly increased GS activity within hippocampus (+18.3%,  $p < 0.001$ ) and cortex (+10.8%) and to a non-significant lesser extent within cerebellum (+7.8%). Pretreatment with ORL alone corrected the alterations in GDH and GS activities more efficiently



**Figure 12: Effect of GSE and ORL on GS activity in (a) cortex, (b) hippocampus and (c) cerebellum. \*  $p < 0.05$  for G, O or GO versus C, \*\*  $p < 0.001$  for IR, O or GO versus C, §  $p < 0.05$  for GIR or OIR versus IR, §§  $p < 0.001$  for OIR or GOIR versus IR.**

than GSE alone and the best protection was obtained when associating the two drugs.

We also investigated GAPDH activity, which is not merely a glycolytic enzyme yet involved in apoptosis pathway (Figure 13). I/R drastically increased GAPDH activity within hippocampus (+132.0%,  $p < 0.05$ ) and cortex (+57.8%,  $p < 0.05$ ) but had no significant effect within cerebellum (+15.4%). Treatment with GSE and ORL per se corrected the I/R-induced alteration in GAPDH activity and a slight improvement was obtained when associating both drugs.

### Effect of GSE and ORL on I/R-induced mitochondrial survival

To confirm all previous data on mitochondria enzymes involved in energy production, we further asked whether I/R affected the overall mitochondria survival (Figure 14). I/R dropped severely mitochondrial viability within hippocampus (-32.5%,  $p < 0.05$ ) and cortex (-26.0%,  $p < 0.05$ ) and moderately within cerebellum (-14.9%). GSE per se partly corrected I/R-induced disturbances while ORL per se was less efficient and the best protection was obtained in the presence of both drugs.

### Effect of GSE and ORL on I/R-induced intracellular mediators

We further asked whether I/R affected the intracellular mediators as  $H_2O_2$ , free iron and calcium into the three brain compartments (Table 1). I/R significantly increased  $H_2O_2$  level within hippocampus (+26.0%,  $p < 0.05$ ) and to a lesser extent within cortex (+12.3%) and had no effect within cerebellum (+4.7%). GSE per se significantly decreased the content of this ROS till control values, whereas ORL per se did not exert any improvement. We also determined the level of free iron, which could behave via the Fenton chemistry as a worsening pro-oxidant intracellular mediator (Table 1). I/R highly increased free iron within hippocampus (+67.0%,  $p < 0.05$ ) and cortex (+34.5%,  $p < 0.05$ ) but paradoxically decreased it within cerebellum (-41.3%,  $p < 0.001$ ). GSE and ORL per se efficiently corrected free iron alteration into the three compartments and no further improvement was obtained when combining both drugs (Table 1). I/R highly increased calcium within hippocampus (+50.0%,  $p < 0.001$ ) and cortex (+34.4%) and more modestly within cerebellum (+11.8%). GSE and ORL per se decreased efficiently  $Ca^{2+}$  level within the three compartments and the best protection against calcium burst was obtained with the two combined drugs.

## DISCUSSION

The present paper reported the effect of I/R-induced oxidative stress and energy fueling disturbances into the brain as well as the putative protection afforded by the preventive treatment with GSE and ORL. We used

the transient global ischemia model and analyzed the differential vulnerability of specific brain areas as cortex, hippocampus and cerebellum towards I/R injury.<sup>41</sup> Among the three brain compartments, hippocampus and cortex were the most sensitive towards I/R-induced

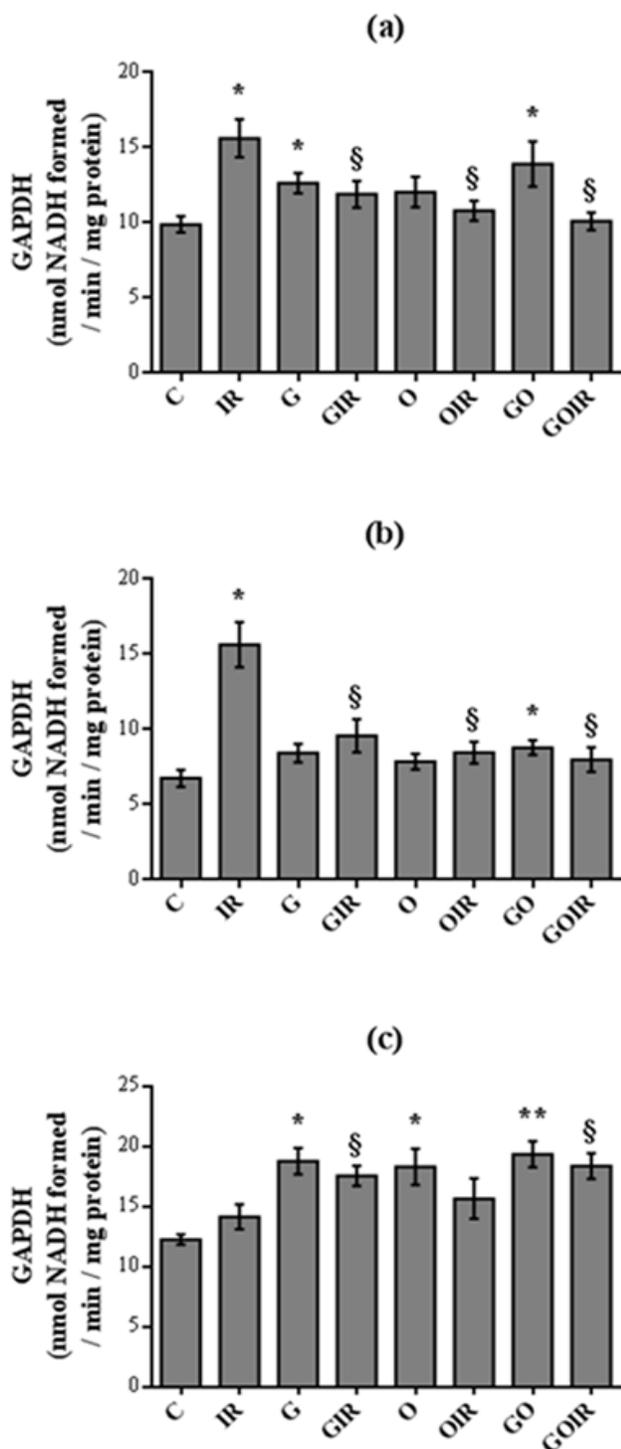


Figure 13: Effect of GSE and ORL on GAPDH activity in (a) cortex, (b) hippocampus and (c) cerebellum. \*  $p < 0.05$  for IR, G, O or GO versus C, \*\*  $p < 0.001$  for GO versus C, §  $p < 0.05$  for GIR, OIR or GOIR versus IR.

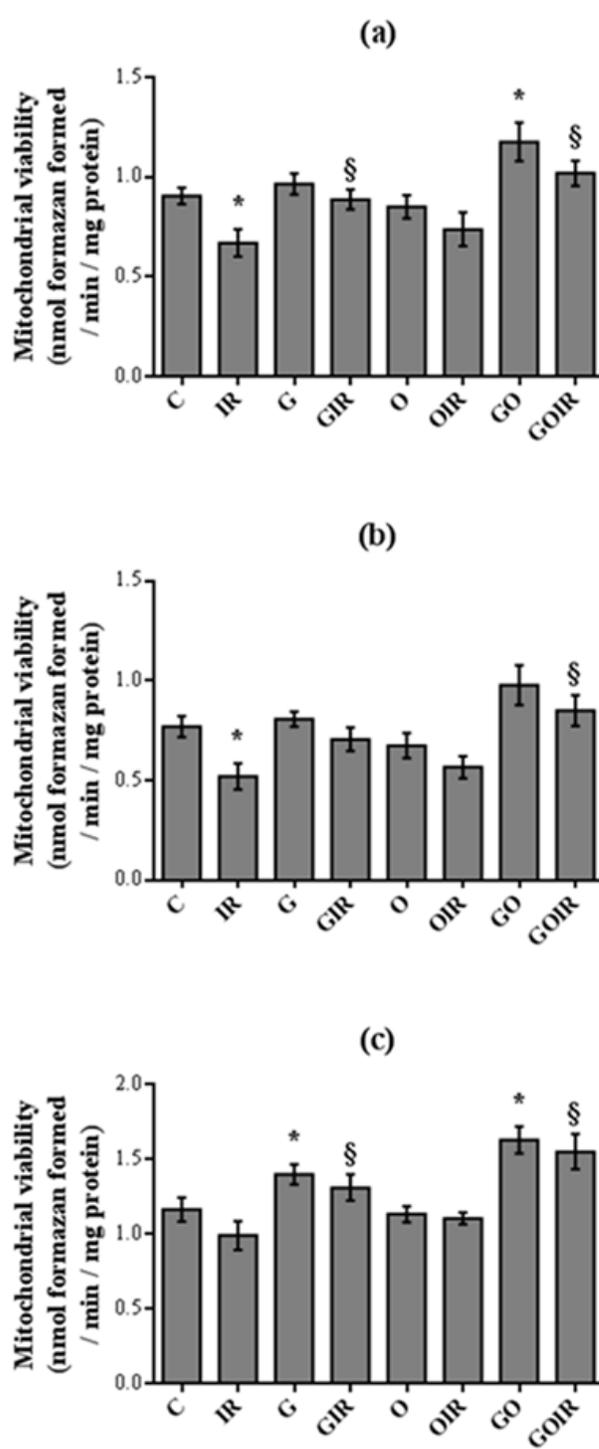


Figure 14: Effect of GSE and ORL on mitochondria survival in (a) cortex, (b) hippocampus and (c) cerebellum. \*  $p < 0.05$  for IR, G or GO versus C, §  $p < 0.05$  for GIR or GOIR versus IR.

**Table 1: Effect of GSE and ORL on I/R-induced intracellular mediators in cortex, hippocampus and cerebellum.**

Parameter		C	IR	G	GIR	O	OIR	OG	OGIR
H <sub>2</sub> O <sub>2</sub> (nmol/mg prot)	Cortex	84.4 ± 1.6	94.7 ± 4.6	67.2 ± 4.3 *	75.3 ± 4.9 §	84.4 ± 2.1	89.8 ± 1.8	67.7 ± 2.9 **	78.2 ± 1.3 §
	Hippocampus	96.2 ± 3.5	121.1 ± 6.2 *	83.0 ± 3.1 *	91.1 ± 5.5 §	100.2 ± 3.3	111.5 ± 3.5	83.2 ± 2.1 *	93.0 ± 3.1 §
	Cerebellum	118.1 ± 2.1	123.6 ± 4.9	90.9 ± 4.3 **	100.0 ± 4.5 §	119.8 ± 1.6	121.7 ± 2.8	92.0 ± 3.8 **	105.1 ± 3.4 §
Free iron (nmol/mg prot)	Cortex	3.7 ± 0.2	5.0 ± 0.3*	2.8 ± 0.3*	3.9 ± 0.2§	3.1 ± 0.2	3.9 ± 0.2§	2.4 ± 0.1**	3.3 ± 0.2§
	Hippocampus	1.9 ± 0.1	3.2 ± 0.3*	1.6 ± 0.1*	2.1 ± 0.1§	1.7 ± 0.2	2.3 ± 0.2§	1.5 ± 0.2*	2.0 ± 0.3§
	Cerebellum	4.1 ± 0.3	2.4 ± 0.2**	3.4 ± 0.2	3.3 ± 0.1§	3.6 ± 0.2	3.0 ± 0.1§	3.5 ± 0.2	3.4 ± 0.2§
Ca <sup>2+</sup> (nmol/mg prot)	Cortex	6.3 ± 0.7	8.4 ± 1.1	4.0 ± 0.5*	4.9 ± 0.7§	3.7 ± 0.3*	4.6 ± 0.7§	3.1 ± 0.8*	3.5 ± 0.4§
	Hippocampus	11.6 ± 0.4	17.4 ± 0.8**	11.2 ± 0.3	13.3 ± 0.5§	9.6 ± 0.2*	10.3 ± 0.6§§	9.5 ± 0.2*	9.7 ± 0.5§§
	Cerebellum	16.4 ± 1.0	18.3 ± 1.1	11.0 ± 1.4*	12.1 ± 1.1§	10.6 ± 0.6**	11.7 ± 1.0§	9.8 ± 0.7**	10.4 ± 0.6§§

\*  $p < 0.05$  for IR, G, O or GO versus C, \*\*  $p < 0.001$  for IR, G, O or GO versus C, §  $p < 0.05$  for GIR, OIR or GOIR versus IR, §§  $p < 0.001$  for OIR or GOIR versus IR

oxidative stress. This peculiar vulnerability could be linked to the drop in antioxidant enzymes as SOD, CAT and GPx that lead to ROS overproduction as H<sub>2</sub>O<sub>2</sub> or RNS as peroxynitrite. Indeed, H<sub>2</sub>O<sub>2</sub> is able to inactivate Cu/Zn-SOD by oxidizing an histidine residue located in its active site.<sup>42</sup> and peroxynitrite is a well-known inhibitor of Mn-SOD through nitrating and oxidizing a critical tyrosine residue at the enzyme active site.<sup>43</sup> Likewise, it has been shown that O<sub>2</sub><sup>-</sup> inactivates CAT *via* reducing the Fe<sup>3+</sup> of its heme groups to Fe<sup>2+</sup>,<sup>44</sup> and inhibits GPx by oxidizing the selenocysteine residue of its active site.<sup>45</sup> It could also be linked to the differential effect of I/R on free iron distribution, namely a burst within hippocampus and cortex and depletion within cerebellum. Free iron is a well-known oxidative stress worsening agent via Fenton chemistry responsible for damages to biomolecules as proteins or to the leakage of BBB leading to neuronal death and gliosis.<sup>46</sup> Iron deficiency occurring within cerebellum may affect mitochondrial enzymes within oligodendrocytes leading to hypomyelination<sup>47</sup> or reduction of neurotransmitters uptake by neurons.<sup>48</sup> In this respect free iron dyshomeostasis has been linked to altered expression of transferrin receptor 1, divalent metal transporter 1, ferroportin 1, L-ferritin<sup>49</sup> or hepcidin.<sup>50</sup> Future studies should investigate the relevance of such proteins in I/R induced iron dyshomeostasis in cerebellum, as well as in hippocampus and cortex.

I/R injury also affected the pro-oxidant XO activity mainly within hippocampus and cortex when compared to cerebellum. Indeed it has been shown that treatment of cells with a calcium chelator prevents the increase in XO protein expression induced by H<sub>2</sub>O<sub>2</sub> and that a H<sub>2</sub>O<sub>2</sub> scavenger did not affect XO level, suggesting that calcium and H<sub>2</sub>O<sub>2</sub> are intracellular mediators implicated in the modulation of XO activity<sup>51</sup> as depicted in the

present work within cortex and hippocampus versus cerebellum.

We also found that I/R induces an energy failure mainly within cortex and hippocampus as it altered fueling enzymes from TCA cycle, Oxphos and ETC complexes I and II as well as glutamatergic pathway. I/R-induced oxidative stress plays a critical role in the inhibition of these metabolic enzymes containing iron-sulphur clusters which are primary sites for ROS attack. An important pathway for Ca<sup>2+</sup> accumulation in cerebral cortex and hippocampus neurons is linked to I/R-induced glutamatergic excitotoxicity which partly results from the decrease in GDH activity, leading to lower  $\alpha$ -ketoglutarate. A putative explanation for this alteration could lie in the S-palmitoylation of a cysteine residue at the GDH active site.<sup>52</sup> Unexpectedly I/R did not drop GS activity as previously described for whole brain<sup>13</sup> and this discrepancy is still obscure.

Moreover, our findings demonstrated that cortex and hippocampus were the most vulnerable compartments to neurodegeneration through GAPDH, a moonlighting glycolytic enzyme implicated in I/R-induced neuronal apoptosis. Overexpression of GAPDH and its subsequent nuclear translocation have been shown to mediate cell death through the activation of p53 and poly(ADP-ribose) polymerase-1 (PARP-1).<sup>53,54</sup> GAPDH can also accumulate within mitochondria to induce a loss of the inner transmembrane potential and matrix swelling, permeabilization of the inner mitochondrial membrane and a release of pro-apoptotic proteins as cytochrome C.<sup>55</sup> Interestingly, cerebellum was preserved from GAPDH-induced intrinsic apoptosis following transient global I/R. This can be explained by the ability of cerebellum in maintaining high level of proteins such as heme oxygenase-1 (HO-1), which protected this brain area from neuro-degeneration. Indeed,

accumulating evidence has involved contributory roles for the metabolites produced by this detoxifying enzyme; biliverdin is a potent antioxidant compound,<sup>56</sup> Fe<sup>2+</sup> stimulates the expression of the cytoprotective molecule ferritin<sup>57</sup> and carbon monoxide (CO) is a regulator of mitochondrial biogenesis and function.<sup>58</sup> However, the implication of this enzyme and its products on the putative neuroprotection afforded to cerebellum remains to be investigated.

To our knowledge, our report is the first one to state on the neuroprotective effect of GSE and ORL association on I/R injury. GSE was used at high dosage (2.5 g/kg) previously shown to be safe in various experimental settings, did not exert any toxic effect and protected the whole brain from I/R insult.<sup>13</sup> ORL was used at a low dosage (4 mg/kg) that was safe, able to cross the BBB as shown in a rat model of high fat diet-induced obesity.<sup>19</sup> GSE counteracted almost all I/R-induced disturbances mainly through its anti-oxidative properties as shown by its effect on protein carbonylation, H<sub>2</sub>O<sub>2</sub> and free iron distribution, as well as XO, SOD, CAT and GPx activities. Our results are in agreement with several previous works dealing with the anti-oxidative effect of GSE on various pathologies associated brain disorders as obesity,<sup>59</sup> epilepsy,<sup>60</sup> Alzheimer's disease,<sup>61</sup> and Parkinson's disease.<sup>62</sup> We believe that polyphenols are mainly responsible of the beneficial effects of GSE. In fact, it is well recognized that phenolic compounds can directly reduce oxidative stress by scavenging free radicals and chelating metal ions.<sup>63</sup> In addition, polyphenols can alleviate oxidative stress through the up regulation of cytoprotective transcription factors as nuclear factor erythroid 2-related factor 2 (Nrf2) that plays a key role in the expression of detoxifying and antioxidant enzymes.<sup>64</sup> However, it is unclear which GSE-containing polyphenols is at the basis of such protection against I/R-induced oxidative stress and our data rather suggest this pleiotropic effect results from synergism between various GSE containing polyphenols.

Undoubtedly, the most important result drawn from this study is the supplemental protection provided by the adjunction of ORL to GSE treatment against I/R-induced energy failure. Our data showed that ORL further improved enhancement of mitochondrial Oxphos, which increases ATP production and thus neuronal survival. This beneficial effect can be explained by a high generation of NADH following the stimulation of GDH- $\alpha$ -KGDH pathway. Indeed, the decrease in NAD<sup>+</sup>/NADH ratio activates the NADH oxidase dependent apoptosis-inducing factor (AIF) that plays an important role in NADH dehydrogenase

ETC complex I activity.<sup>65</sup> Besides, glutamate oxidation through GDH increases  $\alpha$ -ketoglutarate pool that stimulates anabolic and catabolic reactions of Krebs cycle enzymes as succinate dehydrogenase and fumarase.<sup>33</sup> As far as we know, our study is the first that shows an effect of ORL on GDH- $\alpha$ -KGDH complex activity and brain energy metabolism, which constitute the link between TCA cycle and glutamate metabolism. Moreover as our data suggested that ORL improve GSE effect on I/R-induced glutamatergic excitotoxicity and neurodegeneration, it is tempting to speculate that ORL acted simultaneously as a FASN inhibitor, limiting the bioavailability of the GDH inhibitor palmitoyl-CoA<sup>66</sup> and as a mitochondrial respiration inhibitor.<sup>67</sup> Future work should investigate the ORL-induced stimulation of GDH activity.

## CONCLUSION

In conclusion, this report shows that adjunction of ORL to GSE pretreatment is a potent strategy for the brain protection against I/R injury. GSE acts mainly through its anti-oxidative properties, while ORL exerted complementary effect on energy metabolism and glutamatergic neurotransmission and that the most efficient protection was obtained when combining both drugs. Further studies should be planned in order to determine the lipid-signaling pathways targets of ORL that cope with its neuroprotective effect.

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## CONFLICT OF INTEREST

The authors declare no potential conflicts of interest.

## ABBREVIATIONS

**ADP:** adenosine 5'-diphosphate; **ATP:** adenosine 5'-triphosphate; **BBB:** blood-brain barrier; **BSA:** bovine serum albumin; **CAT:** catalase; **DNPH:** 2,4-dinitrophenylhydrazine; **DTNB:** dithio-5,5'-bis(2-nitro-benzoic acid); **EDTA:** ethylenediaminetetraacetic acid; **ETC:** electron Transport Chain; **FASN:** fatty acid synthase; **FH:** fumarase; **GA3P:** glyceraldehyde 3-phosphate; **GAPDH:** glyceraldehyde-3-phosphate dehydrogenase; **GDH:** glutamate dehydrogenase; **Gln:** L-glutamine; **Glu:** L-glutamate; **GPx:** glutathione peroxidase; **GS:** glutamine synthetase; **GSE:** grape

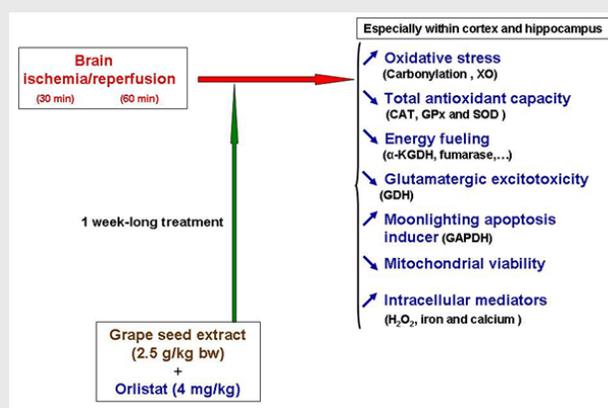
seed extract; **GSH**: L-glutathione reduced; **GuaHCl**: Guanidine hydrochloride; **H<sub>2</sub>O<sub>2</sub>**: hydrogen peroxide; **I/R**: ischemia/reperfusion; **KCN**: Potassium cyanide; **MTT**: 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; **NAD<sup>+</sup>**: β-nicotinamide adenine dinucleotide oxidized; **NADH**: β-nicotinamide adenine dinucleotide reduced; **ORL**: orlistat; **Oxphos**: mitochondrial oxidative phosphorylation; **RNS**: reactive nitrogen specie; **ROS**: reactive oxygen species; **SOD**: superoxide dismutase; **TCA**: trichloroacetic acid; **TTC**: 2,3,5-triphenyltetrazolium chloride; **XO**: xanthine oxidase; **α-kG**: α-ketoglutarate; **α-KGDH**: α-ketoglutarate dehydrogenase.

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## PICTORIAL ABSTRACT



## SUMMARY

The manuscript deals with the synergistic protective effect of (ORL + GSE) on the deleterious effect of brain I/R injury especially within cortex, hippocampus and cerebellum area.

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